Discipline of Psychology

School of Social Sciences

Indira Gandhi National Open University (IGNOU)

(Celebration of World Mental Health Day, 10th October 2022)

Dated 22nd September 2022

The **World Mental Health Day** is celebrated every year world-wide on 10th of October. The theme of the Day this year is "***Make mental health and well-being for all a global priority***" as given by the World Health Organization (WHO). On this occasion, the Discipline of Psychology, School of Social Sciences (SOSS) is organizing various activities to increase mental health awareness and action among all.

As part of this there is a **Slogan competition** open to all the employees of IGNOU at Headquarter and all the Regional centres.

Details are as follows:

Topic: "**Mental Health for All"** **"सब के लिए मानसिक स्वास्थ्य"**

- o Language: English and Hindi
- o Nomination: Single Entry
- o Participants: Open for all employees at IGNOU Headquarter and all the Regional Centres
- o Submission to: https://forms.gle/2xCgLwEBjPwumsTd7
- o Prize: 1st, 2nd and 3rd prize in each category of Hindi and English
- o Declaration of Results and Prize Distribution: 10th October 2022, 11 a.m.

Call for entries starts: 22.9.2022
Last date for receiving entries: 29.9.2022 (till 12 a.m.)

Note: Please mention your name, designation, contact number and other details while sending the entry.